**9th GradeTips**

**FIRST SEMESTER**

\_\_\_\_\_Check your high school credits to make sure you are taking the necessary courses to meet graduation requirements and post-secondary options.

\_\_\_\_\_Develop a serious attitude about your coursework. The work you are doing now affects your GPA. This is important as you begin to think about college admission. Your GPA matters!

\_\_\_\_\_Develop good study habits! If you find yourself struggling with your studies at any point during your freshman year, first speak with your teacher. Work together to formulate a plan for your success! Then, check with your School Counselor for study skills assistance and for peer tutoring help.

\_\_\_\_\_Set personal goals for academic achievement! Evaluate and re-assess your goals often! Actively work towards your accomplishing your individual goals!

\_\_\_\_\_Plan ahead for major tests, projects and semester exams.

\_\_\_\_\_Listen to the announcements each morning. Sign up for the E-News for SHS. It is important that you are informed and active in our school community.

\_\_\_\_\_Get involved in extra-curriculars! SHS has a variety of clubs, teams and organizations to choose from! There is definitely something for everyone.

\_\_\_\_\_Think about your resume. Keep a log of all of your school and community activities, awards, achievements, honors, recognitions, leadership positions and GPA. This way, you won't forget anything major when applying for a job or college.

\_\_\_\_\_Talk with your parents! Keep them in the loop about who your teachers are, what classes you're taking and school events. (They will love it!)

**Remember--The Guidance Office is located in the C Hallway. We are here to support you personally, socially, academically, and as you begin to think about college and career readiness!**

Adapted from TUSD School Counseling Department

**9th Grade Cheatsheet**

Making the move from Junior High to High School can be a major adjustment. Along with a new sense of independence comes some unexpected questions that will need to be answered. Here are some of our frequently asked questions by incoming freshmen students:

**“My locker is stuck and I forget my combination!”**

Check with Mrs. Arkill in the AP office for a locker key or Mrs. Fenlon for your combo! If your locker is broken, she can point you in the right direction.

**“What do I do if I’m absent? How does this affect my exam exemptions?”**

Have your parent call the Attendance Office or bring a note the day you return. Check your agenda or see Mrs. Carmack with questions.

**“Where do I find my Google account info?”**

Visit this link:

<https://goo.gl/forms/0Lg5BA0TXAm2txYu2>

**“I can’t remember my ProgressBook login! Help!”**

Have you met Mrs. Fenlon, the Guidance Secretary? She’s an important person to know and can help you access this information.

**Where is the Athletic Office?**

You can find it through the Commons, past the Gym until you reach the end of the hall and then turn left.

**“Where can I get a work permit?”**

Work permits are available in the Main Office. Please see Mrs. Diemunsch for more information!

**“OUCH! I need the Nurse!”**

Mrs. Veletean is located in the Clinic. Access her office through the AP office.

**Where do I go for…** \*Crisis Intervention \*Study skill ideas

\*Military Recruiters \*College Information \*PSAT, ACT, SAT

\*Tutoring \*NCAA Information \*A 4-year Academic Plan

\*Career Exploration \*Scheduling Information \*Personal Concerns

\*GPA and Class Rank \*PE Waivers \*CCP Questions

**ANSWER: The Guidance Office!**